



## LID HYGIENE

Blepharitis is eyelid inflammation associated with an overgrowth of bacteria along the eyelids and lashes. Adequate lid hygiene is essential to prevent crusty flakes or scales from forming on the lid margins.

If not removed, these scales can cause irritation, dry eyes, and chronic infections.

Hypochlorous acid is a natural antimicrobial agent. It reduces the amount of bacteria around the lids and lashes by over 90%.

### Instructions:

Wash your face with warm water and mild soap.

Moisten a lint-free cotton pad or swab with hypochlorous acid spray or gel.

Close eyes and gently apply to lids and lashes using a side to side motion. Do not rinse.

Use one pad or swab per eyelid.

Perform twice daily.